



# Family Outreach Newsletter

Pens Meadow and Halesbury Schools Working  
Together to Support Families



## Happy New Year!

Welcome back to all the children and families at Halesbury and Pens Meadow. We hope you have all had a lovely Christmas break and enjoyed spending time with family and friends. We are looking forward to an exciting year ahead of growth and change within school and the Family Outreach Team. You can keep up to date with the latest Family Outreach news through our website, social media pages and newsletters.

Our services are open to all families and if you would like support from Family Outreach please contact us any time via the school telephone, through your child's class teacher or via email.

## Latest News!

### Website

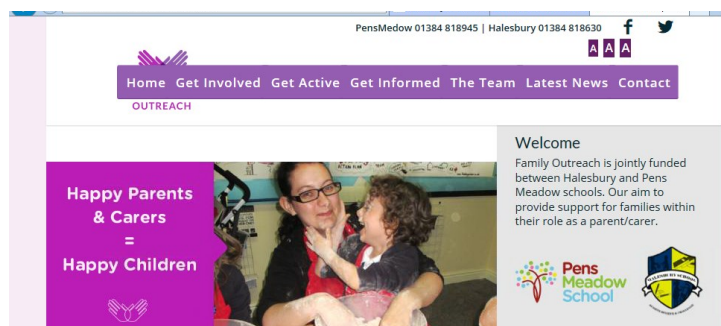
The Family Outreach website is now live!

Please go online and view our new site at.....

[www.family-outreach.co.uk](http://www.family-outreach.co.uk)

This site will provide a hub of information for Halesbury and Pens Meadow families which is easy to access and user friendly. On the site you will find information about the work our team does as well as other local services and events in the borough.

Although the site is live we still are in the process of completing the input of information so please do bare with us and keep a look out for new information and updates.



### Halesbury Christmas Fayre

A big thank you to all those who attended, donated and volunteered at Halesbury Christmas Fayre in December. We had a fantastic turn out and a very enjoyable afternoon. The success of the event was excellent and over £500 was raised. This money will be used towards the work Family Outreach does in school and with children and families.

## January—February Diary Dates

Date	Time	Activity/Event	Location	Cost/Further Information
08/01/2016	9.30-11.30	Bread Club	Pens Meadow—Pensnett Post 16 Site	£5 per adult
12/01/2016	9.45-11.45	Get Cooking	Halesbury School	Places reserved—no places available at present
15/01/2016	9.30-11.30	Garden Ornaments with Pene Johnson	Pens Meadow—Ridge Hill	£4 per adult
19/01/2016	9.45-11.45	Get Cooking	Halesbury School	Places reserved—no places available at present
22/01/2016	9.30-11.30	Card Making with Reagan Moreton	Pens Meadow—Ridge Hill	£3 per adult
26/01/2016	9.45-11.45	Get Cooking	Halesbury School	Places reserved—no places available at present
29/01/2016	9.30-11.30	Mrs Bennetts Crafts	Pens Meadow—Ridge Hill	£3 per adult
02/02/2016	9.45-11.30	Get Cooking	Halesbury School	Places reserved—no places available at present
05/02/2016	9.30-11.30	Bread Club	Pens Meadow—Ridge Hill	£5 per adult
09/02/2016	9.45-11.45	Get Cooking	Halesbury School	Places reserved—no places available at present
12/02/2016		INSET DAY		
15/02/2016- 19/02/2016		HALF TERM		
26/02/2016	7pm	Fashion Show Fundraising Event	Pens Meadow—Pensnett Site	£5 per ticket to be purchased in advance from the school office.

### **Fashion Show**

Family Outreach is currently organising the first fundraising event at Pens Meadow's Pensnett site which will be taking place on Friday 26th February 7pm onwards.

This will be a fun night of Fashion with 'Shop2Drop' running the show, clothes will be on sale from shops such as Oasis, River Island, Debenhams, Next, Wallis and New Look.

Tickets are available to be purchased from the schools office at a cost of £5 per ticket,. Tickets must be purchased prior to the event. And any children attending the event must be aged 11 years and over.

## **Triple P-A programme to support our Parents/Carers**

### **What is Triple P?**

*Triple P is a 8 week programme that helps parents by bringing them together to share the challenges, explore possible strategies and techniques that may help you and your child at home.*

*Triple P can help build positive relationships with children, encourage praise and appropriate behaviour, teach children new skills, set rules and give instructions for their children to follow, deal with bad behaviour and help parent/carers to take care of themselves.*

### **Is Triple P for parent/carers who can't cope?**

*Absolutely not. There is no right way to be a parent, but Triple P offers information and support that cuts through the confusion. You won't be judged or told what to do. You'll have a chance to choose the ideas which suit you and your family, then try them out at home.*

*Every family has different problems but often people find that others in the group have similar difficulties. The groups are supportive and no problem is too big or too small.*

### **When is Pens Meadow's Triple P Programme?**

*Pens Meadow's Triple P Course Starts on Monday 22nd February 2016 9.30-12pm. Groups meet for two and a half hours each week and it lasts for 4 weeks. After this you can expect one to one telephone/face to face support for 3 weeks. The course finishes with a group meeting to celebrate completion of the course. The course will take place at Pens Meadow Post 16, Tiled House Lane, DY5 4LN*

### **Dad's Triple P**

We are also looking to provide an 8 week Triple P Group Just for Dads. The group would run for 2 hours per week in the evening in a venue that dad's would feel comfortable in. If you would be interested please contact Michelle.

### **How do I join the group?**

*If you are interested in joining this group please contact: Michelle Cox-Coley*

*01384 818945 or email: [cox-coleym@halesbury.dudley.sch.uk](mailto:cox-coleym@halesbury.dudley.sch.uk)*

### **Contact Us!**

**Telephone:** 01384 818630    01384 818945

**Facebook:** Family-Outreach Halesbury-Pensmeadow

**Email:** [JHall16@pens-meadow.dudley.sch.uk](mailto:JHall16@pens-meadow.dudley.sch.uk)

Family Outreach' tab on **school website.**

[Cox-coleym@halesbury.dudley.sch.uk](mailto:Cox-coleym@halesbury.dudley.sch.uk)

