

## Who can refer?

Families, professionals, agencies or individuals can request a referral form by calling:

**Tel: 01384 411722**

For further information telephone:

Estelle Hamblett: 07977 857167

or

Sharon Willis: 07875 305512

## Previous Outcomes / Feedback

**‘I would not of accessed support for my alcohol dependency without the help and support from Steps Together’**

**‘The away day was fun and informative, everyone was friendly’**

**‘The work of Steps Together enabled me to engage in the support and help that I needed’**

**‘I am grateful for the support for me and my children, we can move forward now as a family’**

**‘Everything was wonderful’**

Barnardo's  
Blantyre House  
4 Barrack Lane  
Halesowen  
West Midlands  
B63 2UX

**Tel: 01384 411722**

Sharon Willis  
Aquarius Family Worker  
Cottage Street  
Brierley Hill  
West Midlands  
DY5 1RE

Sharon Willis  
Tel: 07875 305512

Email:  
sharon.willis@aquarius.org.uk

Estelle Hamblett  
Tel: 07977 857167

Email:  
estelle.hamblett@barnados.org.uk



**A structured programme offering support for families affected by alcohol misuse**



## Who are we?

The Barnardo's Time for Me project helps and supports children and young people who are affected by someone within their family who misuses drugs or alcohol.

Aquarius is a Midlands based alcohol, gambling and drugs charity leading in the field of Addictions since the 1970's and promoting family based work since 1990's.

The Team comprises of a wide range of workers, including practitioners, support workers, volunteers and service users

The collective experience of the team enables staff to provide a variety of experience in subject matters, such as teaching, counselling, family work, youth and community as well as numerous years of vital experience.



## The main aim

The main aim of the programme is to promote and encourage families to move forward following the impact of parental alcohol misuse.

The programme offers families the opportunity to receive support where alcohol misuse has or still is impacting upon their lives.

Steps Together encourages and supports the child to share their personal experience giving them an opportunity to be heard.

Families are encouraged to recognise and reflect on the harm caused by alcohol misuse with a view to work towards personal short and long term goals.

## Our Goal

We aim to strengthen relationships, promote new beginnings and encourage families to move forward together.

We aim to promote self confidence, independence and encourage parents to feel empowered enabling them to make informed choices.

## What do we do?

Steps Together provides interventions that are structured and relevant to the programme, for families who live within the Dudley Borough with children aged from 8 – 18 years.

- Once a referral has been processed a home visit will be arranged to explain in detail about the programme.
- An assessment will be completed to identify the families situation and needs.
- Workers will provide appropriate support to the parent, child and concerned others.
- There will be an opportunity to attend a social occasion to enable families to meet one another prior to the away day taking place.
- Transport will be provided to take families to a therapeutic and tranquil setting where the away day will take place.
- Steps Together programme is provided free of charge.